



ST JOHN'S
GRAMMAR

WEDNESDAY 2 APRIL 6-8PM

ELC - YEAR 12
WELLBEING
AND LEARNING
EXPO

SECONDARY CAMPUS EDUCATION CENTRE

MEET OUR WELLNEST PRACTITIONERS LEARN FROM OUR MINI LECTURE SERIES
SEEK ALLIED HEALTH SERVICE PROVIDERS

WELCOME!

THIS EVENT HAS BEEN DESIGNED TO CONNECT FAMILIES AND ALLIED HEALTH PROVIDERS IN AN INFORMAL WAY. YOU HAVE THE OPPORTUNITY TO CHAT WITH A RANGE OF PROVIDERS AS WELL AS LEARN FROM THE EXPERTS IN OUR MINI-LECTURE SERIES, WHICH WILL BE RUNNING CONCURRENTLY IN THE LIBRARY AND ON THE FIRST FLOOR OF THE EDC.

TOGETHER WE LOOK FORWARD TO CONTINUING TO SUPPORT OUR STUDENTS LEARN TO SOAR AT SCHOOL AND BEYOND.



WHAT'S ON?

LIBRARY | **6.00PM - 8.00PM**

SPEAKER SERIES

Drop in to listen to a series of short presentations from our Wellnest and Allied Health Providers. The schedule of speakers is listed on the next page.



TOP FLOOR EDC | **6.00PM - 8.00PM**

ALLIED HEALTH EXHIBITION

Informally chat with Allied Health services partnering with St John's Grammar School. A catalogue of the providers who will be available on the night to chat with are included in this booklet so you can plan ahead.

SPEAKER SERIES SCHEDULE

LIBRARY - GROUND FLOOR OF THE EDC

TIME	SPEAKER	TOPIC
6.00 - 6.20	Jen Badman Connect Psychology Developmental Educator	Transitions; ELC to school, year to year and Junior to Secondary campuses
6.20 - 6.40	Jacinta Tosch Learn Sense Grow Occupational Therapy	Unlocking Potential: How OT supports your child's growth and success.
6.40 - 7.00	Dr David Scholz Upward Psychology	How can psychology help with anxiety, learning, behaviour and the stress of childhood and adolescence (for kids and parents!)
7.00 - 7.20	Charlotte Thring (Speech Pathologist) & Jenni McLean (Counsellor) Chat Well Allied Health	The connection between communication and wellbeing
7.20 - 7.40	Jackie, Liv & Stacie St John's Grammar School Wellbeing Team	How parents can best support the wellbeing of their children at school.
7.40 - 8.00	Wellbeing Ambassadors St John's Grammar School Students	Supporting Students Learning and Wellbeing from a student perspective (run by our student Wellbeing Ambassadors)

LIFT PLUS CLASSROOM - 1ST FLOOR OF THE EDC

TIME	SPEAKER	TOPIC
6.00 - 6.20	Laura Law Laws of Literacy	Dyslexia, dysgraphia and how to support.
6.20 - 6.40	Shelley Peart Bud Therapies	Supporting connection for children across the schooling years. How we can foster wellbeing through parental/caregiver connection.
6.40 - 7.00	April Allan, Kylie Kain & Naomi Pudney Nurturing Gnomes	Allied Health & in-home supports
7.00 - 7.20	Eliza May & Georgia Scott Novita	No two therapy journeys look alike. What does achieving 'amazing' mean for me?
7.20 - 7.40	Madhavi Nawana Parker Positive Minds	5 ways you can set your child and teenager up for success (delivered via Zoom)

WELLNEST PRACTITIONERS



POSITIVE MINDS AUSTRALIA | PSYCHOLOGY

Sam Taylor, Senior Psychologist

Specialises in upper primary and high school students who are struggling with anxiety, perfectionism, negative self talk and emotional regulation difficulties. Sam visits St John's Grammar every Wednesday during school hours.

Nikki Wadewitz, Senior Teacher

Specialises in upper primary and high school students who are struggling with friendship difficulties, social and emotional challenges and difficulties connected to neurodivergence. Nikki visits St John's Grammar Secondary Campus every second Thursday.

Katie O'Reilly, Senior Teacher & Professional Actor

Specialises in confidence, social skills, conversation skills and friendships for neurodivergent children from ELC to Year 12. Katie visits St John's Grammar on Tuesdays.

Visit www.positivemindsaustralia.com.au for more information



KOALACO PARENTAL COACHING | PARENTAL COACHING

Welcome to Koalaco Parental Coaching, where parents can find support and a warm guiding way forward. We understand the challenges that parenting can bring. There is often support for the children but who is there just for the parents? This is where Koalaco can help. At Koalaco, we offer personalised coaching through in-person sessions, walk-and-talk therapy in Belair, or convenient telehealth options. Our solution-focused approach provides a warm, non-judgemental space to explore your feelings and find practical solutions, so you can then help your child.

For more information, visit: www.koalacocounselling.com.au

WELLNEST PRACTITIONERS



DAVID SCHOLZ UPWARD PSYCHOLOGY | PSYCHOLOGY

I am a registered psychologist, a registered teacher and the principal psychologist of Upward Psychology, a private practice providing psychological services for young people and their families onsite at their school. Over the past year, I have worked part-time with the St John's community and I have recommitted to continue this work in 2025.

The services I provide include Educational and Psychological Assessments and evidence based psychological interventions for anxiety, depression, perfectionism, trauma, stress, relationships, performance as well as the multitude of other challenges faced by young people and their families.

I will be consulting onsite every Thursday and some Wednesdays throughout 2025 and will have availability for families of the Senior School and the Junior School. Upward Psychology is a Medicare provider and rebates may be available for psychological sessions through Medicare OR Private Health Insurance (dependent on your individual cover).

For more information and to book an appointment, please call 0450 257 133 or email admin@upwardpsychology.com.au



LAWS OF LITERACY | LITERACY INTERVENTION

Laura Law from Laws of Literacy provides Tier 3 Literacy Intervention for dyslexic and dysgraphic students. Weekly lessons are aimed at bridging the gap in literacy using the Playberry structured multisensory literacy program. Laura trained as a high school teacher in 2007, and retrained as a dyslexia specialist to support her son. She now works in private practice supporting students with literacy. Lessons are 1-1 and focus on explicitly teaching sounds, spelling and handwriting.

View our Facebook page www.facebook.com/lawsofliteracy

ALLIED HEALTH PARTNERS



BUD THERAPIES | OCCUPATIONAL THERAPY

At Bud Therapies, we support budding children and families through engagement in meaningful everyday activities, encouraging connection, movement and being.

Working within clinic, school, home and shared spaces, our child and family-focused occupational therapy services provide therapeutic interventions tailored to meet the needs of each child and their family so they can achieve their goals.

This nurturing and flexible approach to connection, movement and being, gives children, caregivers and their networks the opportunity to explore and grow.

Visit our website for more information www.budtherapies.com.au
P: 0456 034 705 E: hello@budtherapies.com.au



CHAT WELL | MULTIDISCIPLINARY TEAM

Chat Well Allied Health is an award-winning allied health practice, with clinics located in the north-east of Adelaide and Adelaide Hills. Our team is a dynamic and passionate group of clinicians, who provide fun and innovative allied health services for children aged 0-18 years.

At Chat Well, we abide by a set of core values that are at the heart of how we approach our work and how we treat each other. Our core values are founded on Empowerment, Respect, Excellence and Individuality.

We offer Speech Pathology and Counselling services, as well as dual Autism Assessments. During the school holidays, Chat Well also offer a range of social groups for children of various ages and interest areas, including Lego, Art, and Special Interest groups. Throughout the year, we also offer Hanen Parent Training, Sounds Write and the SEA Bridge program for neurodivergent and autistic children.

Our services are offered in clinic, offsite or via telehealth. Whatever the mode, we aim to be client-centred, holistic, and fun, to ensure our clients feel supported and empowered!

Visit our website for more information www.chatwell.com.au
P: (08) 8102 0118 M: 0423 669 464

ALLIED HEALTH PARTNERS



CHELSEA HAYES SPEECH PATHOLOGY | SPEECH PATHOLOGY

I am a Certified Practicing Speech Pathologist who is delighted to offer on-site Speech Pathology services every Wednesday, Thursday, and Friday at St John's Grammar ELC and Junior School.

I support children in one-on-one intervention sessions and provide Speech Pathology screenings for the ELC4 students. At the Junior School, I support students from Reception to Year 6 in the areas of speech sound development, expressive and receptive language development, literacy skills and social communication skills.

I enjoy working closely with the teachers and Learning Support team, engaging in regular communication. It is a pleasure to be a part of the St John's Grammar School community and to support students in their communication and learning journey!

Contact Chelsea to find out more E: Chelsea.speechpath@gmail.com
Website: www.burnsidespeechpathology.com.au



CONNECT PSYCHOLOGY | MULTI DISCIPLINARY TEAM

Connect Psychology offers sessions at St John's to support students to develop their social, emotional and behavioural skills and to build their confidence and resilience to thrive in the social world of school, with a particular focus on neurodivergent students.

We support students and families to navigate transitions and cope with challenges, working collaboratively with the school staff. Our sessions are offered at St John's ELC and both school campuses during school hours. Currently services are provided across the week by Jen Badman, Annie Mitchell, Isaac Martinovic and James Uren (Developmental Educators), including our LEAP! group program designed to support students making the transition from the Junior to the Secondary campus.

In addition, Jenni Pearce, Clinical Psychologist, and our Psychology team, provide off-site comprehensive assessments for St John's Grammar students who may be experiencing difficulties in learning, attention and focus (ADHD assessments) and social emotional regulation (ASD assessments).

Please contact Jen Badman (jen.badman@connectpsych.com.au) for further information, or phone: 08 8357 0043

ALLIED HEALTH PARTNERS



LEARN SENSE GROW | OCCUPATIONAL THERAPY

At Learn Sense Grow, we aim to assist children in their earlier years to enable them to participate in more independent, meaningful and fulfilling life roles. Our programs are designed and run by therapists specialising in child development and the activities within these programs are graded to meet individual children's needs. Sessions are developed with kids in mind to ensure that they are fun, positive, achievable, engaging, stimulating and playful.

Our Occupational Therapists are highly skilled in supporting children with a wide range of needs. We specialise in helping children navigate sensory processing disorders, developmental delays, spectrum disorders, learning difficulties, and other specific concerns or diagnoses. Our goal is to provide compassionate, individualised care that empowers each child to thrive.

Visit www.learnsensegrow.com.au for more, or call M: 0413 318 574



NOVITA | MULTI DISCIPLINARY TEAM

Novita delivers tailored support that enables people to live the life they choose. We know everyone's goals are different and no two journeys look alike. It's why we co-navigate a unique pathway with each client by exploring a wide range of disciplines and services across all life stages to achieve whatever amazing means for them.

We do this through our multidisciplinary team of clinicians including but not limited to occupational therapy, speech pathology, physiotherapy, exercise physiology, psychology, positive behaviour support and social work.

We also have a specialist assistive technology service to support clients who need additional equipment to enable them to access their world, e.g. alternative augmentative communication, switching and software for literacy and language.

In a changing world we are flexible in how we deliver supports, co-designing what this looks like in a 3-tiered approach incorporating whole school, classroom and individual student supports.

Visit www.novita.org.au for more information or contact
E: Georgia.Scott@novita.org.au P: (08) 8172 9278

ALLIED HEALTH PARTNERS



NURTURING GNOMES | MULTI DISCIPLINARY TEAM

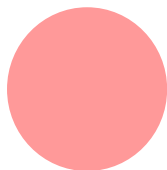
Founded in 2022, Nurturing Gnomes is a family-owned business offering in-home and community support services tailored to children and families. This service sees our registered and enrolled nurses, support workers and mentors supporting young people and their families. We are the only exclusively paediatric service in Australia and we specialise in supporting those who are medically complex and/or neurodiverse. In addition, our Paediatric Allied Health Clinic provides a range therapeutic services designed to empower children and their families, ensuring that each child's unique needs are met with care and understanding.

Our team includes skilled professionals in social work, psychology, play therapy, early intervention, developmental education, and speech therapy to support skill building in many areas including emotional expression, self-esteem, problem-solving and communication. We are neuro-affirming and focus on providing a safe, nurturing environment while working closely with families and educators. We also offer workshops for parents, caregivers, and guardians, providing practical strategies to enhance emotional connections, manage boundaries, and foster resilience within families.

At Nurturing Gnomes, our mission is to create a positive, lasting impact on the lives of children and their families.

Visit www.nurturinggnomes.com.au for more, or call P: 7288 3294

NON EXHIBITING ALLIED HEALTH PARTNERS

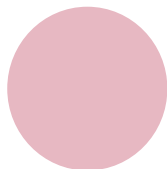


Speech Pathology

- Roar Speech
- Blossom Speech Pathology
- Language & Literacy Speech Pathology

Occupational Therapy (OT)

- OT GO
- Nurturing Nature
- Good Sense Occupational Therapy



Developmental Educators

- Moonchild Therapy Services
- Milestones Educational Therapy & Wellbeing

ST JOHN'S GRAMMAR WELLBEING TEAM



Danielle Kemp
Leader of Wellbeing



Olivia Weenink
Student Counsellor



Persia Kotsaris
Student Counsellor &
Wellbeing Assistant



Jackie Burman
Wellbeing Assistant



Stacie Ellinger
Chaplain

ST JOHN'S GRAMMAR | WELLBEING SUPPORT

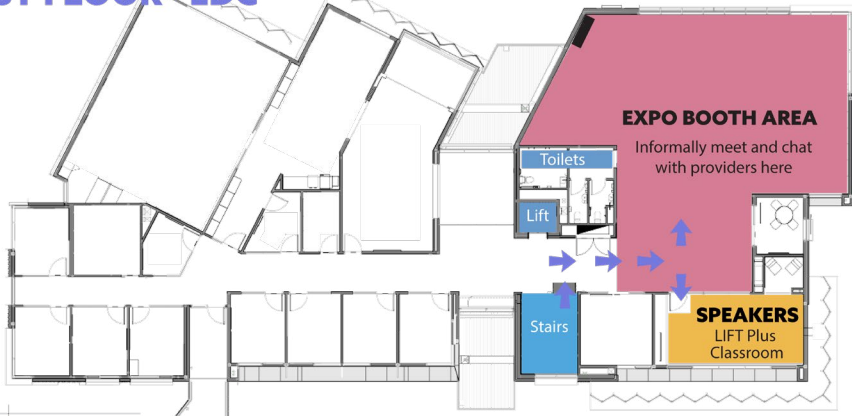
St John's Grammar School is very proud of our comprehensive approach to wellbeing and steadfast dedication to being a place where all students flourish and are equipped with the tools to aid them in being emotionally, physically and mentally well individuals throughout their lives.

Our unwavering commitment to wellbeing is evident at all levels of our school including our pedagogical approaches, learning opportunities, structures, processes and policies.

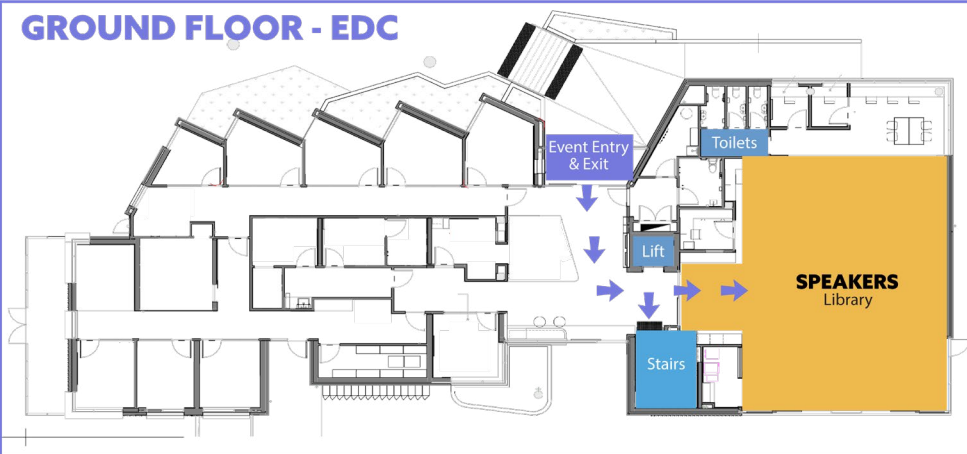
In 2022 our efforts were recognised when St John's Grammar was a finalist in the category Best Student Wellbeing Program in Schools at the Australian Education Awards, being one of a handful of schools nationally to receive an Excellence Award.

EDC VENUE MAP

FIRST FLOOR - EDC



GROUND FLOOR - EDC



Please enter and exit the building via the main entrance and follow the arrows to access the key areas



Speakers presenting every 20 minutes from 6-8pm



Expo Booth - meet and greet providers



Please use the stairs to access the first floor of the EDC to ensure the lift remains available for those unable to use the stairs

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.