st johns grammar

2024 cafe menu

specials.

Please check <u>www.flexischools.com.au</u> as the choices below will change daily.

cool choices.

fresh seasonal fruit salad

½ garlic bread whole

seasonal fresh fruit piece	1.5
garden salad (v)	6.0
jelly pot	1.5
so hot.	
beef pie	5.0
vegetarian pasty	5.5
sausage roll	4.8
hotdog	4.5
add cheese	0.5
angus beef burger	8.0
oven baked wedges (v)	5.0
6 chicken nuggets	5.0

sandwiches, wraps & rolls.

wholemeal bread	
salad (tomato, cucumber, lettuce, carrot)	6.0
add chicken, tuna, ham or roast beef	1.0
cheese	4.0
ham & cheese	4.5
ham, cheese & tomato	5.0
cheese & tomato (v)	4.5
egg, lettuce, 97% fat free mayo (v)	6.5
chicken, lettuce, avocado, 97% fat free mayo	8.0
add wrap	1.0
add toasted	0.8

bakery.

mini muffin	2.5
doughnut <mark>– c</mark> hoco <mark>lat</mark> e or chocolate sprinkle	3.5
<mark>ch</mark> oc chip <mark>co</mark> okie	1.5
snacks. red rock deli assorted chips 28gm drinks.	2.5
pum <mark>p 7</mark> 50m <mark>l fla</mark> voured water	4.8
mt <mark>fra</mark> nklin <mark>60</mark> 0ml water	3.5
ju <mark>st ju</mark> ice <mark>– a</mark> pple and blackcurrant	3.0
flavoured milk small – chocolate or strawberry	3.5

Please Note

soy, dairy, seafood and gluten products are used in our kitchen. Although we do our best to ensure cross contamination does not occur, traces of these products may be present.

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