

St Johns Grammar

2023 cafe menu

cool choices.

low fat yoghurt pot with berries	3.6
low fat yoghurt pot with muesli	3.6
fresh seasonal fruit salad	5.5
seasonal fresh fruit piece	1.0
large garden salad (v)	6.0
jelly pot	1.5

so hot.

pepper steak pie	5.0
beef pie	5.0
vegetarian pasty	5.0
sausage roll	4.5
snag bag	5.0
angus beef burger	7.0
hotdog	4.5
add cheese	0.5
oven baked wedges (v)	5.0
6 chicken nuggets	5.0
garlic bread whole (9")	3.0

sandwiches, wraps & rolls.

wholemeal bread	
salad (tomato, cucumber, lettuce, carrot)	6.0
add chicken, tuna, ham or roast beef	1.0
add mayonnaise	0.5
ham & cheese	4.5
ham, cheese & tomato	5.0
cheese & tomato (v)	4.5
egg, lettuce, 97% fat free mayo (v)	6.5
chicken, lettuce, avocado, 97% fat free mayo	7.0
add wraps	1.0
add toasted	0.8

bakery.

muffin of the day	4.0
mini muffin	2.5
doughnut – chocolate or chocolate sprinkle	3.5
choc chip cookie	3.5

snacks.

grain waves sour cream & chives 28gm	2.5
red rock deli assorted chips 28gm	2.5
red rock deli assorted chips 45gm	3.0

drinks.

pump 750ml flavoured water	4.8
mt franklin 600ml water	3.5
powerade	4.0
fuze iced tea	4.8
soft drink cans	3.0
kyentons flavoured mineral water	4.0
barista bros	3.8
flavored milk 600ml	4.5

icy treats.

frozen juice cup	1.2
zooper dooper	1.0
icy pole	1.5
maxibon	4.5
billabong	1.8
lifesaver	2.2
frosty fruits	2.2
twin pole	4.5
connoisseur	

Please check www.flexischools.com.au as the choices below will change daily.

www.flexischools.com.au

Please Note

soy, dairy, seafood and gluten products are used in our kitchen. Although we do our best to ensure cross contamination does not occur, traces of these products may be present.

