

PURPOSE

St John's Grammar School has adopted the guidelines laid down by the Independent Schools Association. The following guidelines assist schools, teachers, coaches, students and parents, to get the maximum educational and social benefit from sport.

HOT WEATHER

The duty of care for our students' health and safety is of primary importance. Consequently, the following policy will apply to St John's Grammar sport.

If the predicted temperature in that day's Advertiser is 35C or above then weekday sports matches and practices will be cancelled. The exception to this is indoor volleyball, which will go ahead unless the Principal, in consultation with the Head of Sport, decides that conditions are too hot.

If the forthcoming Saturday is forecast at 38C or above in Friday's Advertiser then Saturday morning sport will be cancelled.

Cancellations of games due to weather will be communication to parents via the website and social media.

Coaches will be made aware of the need to follow the following guidelines for sport which goes ahead in hot conditions

Hats and sunscreen should be worn at all times (for all summer sport irrespective of temperature).

Frequent hydration opportunities should be given and students are encouraged to utilise them.

Events should be modified where appropriate e.g. shortened overs in cricket or sets in tennis

Fitness and age of participants should be considered

WET WEATHER

The decision to cancel practice or matches due to wet weather will be made by the Head of Sport. Should it be raining or the conditions dangerous, putting students at risk, sport will be cancelled. The following guidelines will be followed

- If the weather forecast is for possible thunderstorms/lightning remain vigilant for approaching storms and /or changing or rapidly deteriorating conditions.
- If you see lightning apply the "**30 – 30 Rule**" Count the time from seeing lightning to when accompanying thunder clap is heard. , if less **than 30 seconds (storm is less than 10 kms away)** go immediately to a safer place.

Wait 30 minutes after the last thunder clap before continuing play in an open area.

- Hearing thunder means that lightning is likely to be within striking range.
- In the event of thunderstorm/lightning where player/officials/spectator welfare is deemed unsafe by either team coach (or referee) play should be suspended.
- If conditions improve – remember the 30 – 30 rule and wait 30 minutes, games may recommence. This may require some modification to duration of game.

Parents are encouraged to pick up students if the weather is poor.

Policy updated: February 2013

Review due: